



ISO 45001 Occupational Health & Safety Management: Practical Workshop

Quality & ISO Management

QGT-QMS-145 | Practical workshop | 5 or 10 days | Online, classroom, in-house

Course overview

ISO 45001 Occupational Health & Safety Management: Practical Workshop is a hands-on workshop built around exercises and real site problems in ISO 45001 Occupational Health & Safety Management. It covers the principles, the requirements of ISO 9001, ISO 19011, ISO 31000 and ASQ bodies of knowledge, and the practical methods used on site, with case studies from operations in the Gulf, Africa and worldwide. Available online, in the classroom in 60 cities, or in-house.

What participants will be able to do

- Explain the principles, terminology and scope of ISO 45001 Occupational Health & Safety Management
- Apply the relevant requirements of ISO 9001, ISO 19011, ISO 31000 and ASQ bodies of knowledge
- Use practical tools, checklists and calculations with confidence
- Recognise common problems, risks and root causes and choose the right corrective action
- Prepare an improvement plan for their own site or organisation

Who should attend

Designed for quality managers, auditors, engineers and process owners who want practice rather than theory.

Course outline (5 days)

Day 1: Workshop briefing and baseline

Participants bring a real problem from their own site

Day 2: Guided practice 1

Hands-on exercises using templates, checklists and calculators

Day 3: Guided practice 2

Simulations and role-play based on ISO 45001 Occupational Health & Safety Management scenarios

Day 4: Field cases from the Gulf and Africa

Analysing what went wrong and what worked

Day 5: Action plan and peer review

Each participant leaves with a reviewed improvement plan

What the 10-day edition adds

Day 6: Applied project, part 1 – Apply the week-one methods to a case from your organisation

Day 7: Data and digital tools – Software, spreadsheets and digital tools used in practice

Day 8: Lessons from incidents and audits – What investigations and audit findings teach

Day 9: Applied project, part 2 – Complete, test and refine your solution

Day 10: Presentations and final assessment – Present to the group and complete the final assessment

Fees (USD per participant)

Duration	Live online	Classroom	In-house
5 days	\$3,000	\$5,500	On quote
10 days	\$5,500	\$9,900	On quote

Fees include course material and certificate of completion; classroom fees include refreshments and lunch. In-house training is priced per group.

Dates and cities 2027–2030

Dates	City	Format	Duration	Fee
21–25 Mar 2027	Al Khobar	Classroom	5 days	\$5,500
2–13 May 2027	Salalah	Classroom	10 days	\$9,900
14–18 Jun 2027	Munich	Classroom	5 days	\$5,500
11–22 Jul 2027	Jeddah	Classroom	10 days	\$9,900
1–5 Nov 2027	Online (live)	Online (live)	5 days	\$3,000
9–13 Jan 2028	Cairo	Classroom	5 days	\$5,500
30 Jan – 10 Feb 2028	Manama	Classroom	10 days	\$9,900
24–28 Apr 2028	Bangkok	Classroom	5 days	\$5,500
3–14 Jul 2028	Geneva	Classroom	10 days	\$9,900
28 Aug – 1 Sep 2028	Online (live)	Online (live)	5 days	\$3,000
15–19 Jan 2029	Toronto	Classroom	5 days	\$5,500
2–13 Jul 2029	Dublin	Classroom	10 days	\$9,900
30 Jul – 3 Aug 2029	Manchester	Classroom	5 days	\$5,500
17–28 Sep 2029	Johannesburg	Classroom	10 days	\$9,900
29 Oct – 2 Nov 2029	Online (live)	Online (live)	5 days	\$3,000
7–11 Jan 2030	Amsterdam	Classroom	5 days	\$5,500
4–15 Mar 2030	Barcelona	Classroom	10 days	\$9,900
6–10 May 2030	Kuala Lumpur	Classroom	5 days	\$5,500
17–28 Nov 2030	Jeddah	Classroom	10 days	\$9,900
2–6 Dec 2030	Online (live)	Online (live)	5 days	\$3,000

How to register

Register online or scan the code

<https://qimmatrainig.com/courses/iso-45001-occupational-health-and-safety-management-practical-workshop/>

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