



OSHA 10: General Industry Outreach Exam Preparation

International Certification Preparation

QGT-CRT-126 | Certification prep | 5 or 10 days | Online, classroom, in-house

Course overview

A structured exam preparation programme for OSHA 10. You work through the body of knowledge, the referenced codes and standards, timed practice questions and exam technique, with an instructor who has prepared candidates across the Gulf and Africa. Eligibility, exam booking and the certificate itself are handled by OSHA.

What participants will be able to do

- Understand the OSHA 10 exam format, eligibility rules and body of knowledge
- Navigate the referenced codes and standards quickly and accurately
- Solve the calculation and look-up questions that appear most often
- Manage exam time with a tested question strategy
- Leave with a personal study plan for the weeks before the exam

Who should attend

Professionals planning to sit the OSHA 10 exam within the next six months, and supervisors who want their teams certified.

Course outline (5 days)

Day 1: Exam scope and eligibility

Body of knowledge, exam format, eligibility and booking

Day 2: Core references, part 1

Close reading of the referenced codes and standards

Day 3: Core references, part 2

Remaining references, tables, formulas and look-ups

Day 4: Calculations and practice questions

Timed question banks with worked solutions

Day 5: Mock exam and review

Full-length mock exam, scoring and personal study plan

What the 10-day edition adds

Day 6: Applied project, part 1 – Apply the week-one methods to a case from your organisation

Day 7: Data and digital tools – Software, spreadsheets and digital tools used in practice

Day 8: Lessons from incidents and audits – What investigations and audit findings teach

Day 9: Applied project, part 2 – Complete, test and refine your solution

Day 10: Presentations and final assessment – Present to the group and complete the final assessment

Fees (USD per participant)

Duration	Live online	Classroom	In-house
5 days	\$3,000	\$5,500	On quote
10 days	\$5,500	\$9,900	On quote

Fees include course material and certificate of completion; classroom fees include refreshments and lunch. In-house training is priced per group.

Dates and cities 2027–2030

Dates	City	Format	Duration	Fee
7–11 Mar 2027	Algiers	Classroom	5 days	\$5,500
15–26 Mar 2027	Milan	Classroom	10 days	\$9,900
19–23 Apr 2027	Singapore	Classroom	5 days	\$5,500
9–20 Aug 2027	Dublin	Classroom	10 days	\$9,900
6–10 Dec 2027	Online (live)	Online (live)	5 days	\$3,000
6–10 Feb 2028	Algiers	Classroom	5 days	\$5,500
24 Apr – 5 May 2028	London	Classroom	10 days	\$9,900
15–19 May 2028	Prague	Classroom	5 days	\$5,500
4–15 Jun 2028	Doha	Classroom	10 days	\$9,900
24–28 Jul 2028	Online (live)	Online (live)	5 days	\$3,000
2–6 Apr 2029	Baku	Classroom	5 days	\$5,500
23 Jul – 3 Aug 2029	Casablanca	Classroom	10 days	\$9,900
30 Jul – 3 Aug 2029	Munich	Classroom	5 days	\$5,500
24 Sep – 5 Oct 2029	Budapest	Classroom	10 days	\$9,900
29 Oct – 2 Nov 2029	Online (live)	Online (live)	5 days	\$3,000
21–25 Jan 2030	Sharjah	Classroom	5 days	\$5,500
10–21 Feb 2030	Jeddah	Classroom	10 days	\$9,900
18–22 Feb 2030	Accra	Classroom	5 days	\$5,500
30 Sep – 11 Oct 2030	Tbilisi	Classroom	10 days	\$9,900
25–29 Nov 2030	Online (live)	Online (live)	5 days	\$3,000

How to register

Register online or scan the code

<https://qimmatrainig.com/courses/osha-10-general-industry-outreach-exam-preparation/>

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