



OSHA 30 Construction: Construction Outreach Exam Preparation

International Certification Preparation

QGT-CRT-129 | Certification prep | 5 or 10 days | Online, classroom, in-house

Course overview

A structured exam preparation programme for OSHA 30 Construction. You work through the body of knowledge, the referenced codes and standards, timed practice questions and exam technique, with an instructor who has prepared candidates across the Gulf and Africa. Eligibility, exam booking and the certificate itself are handled by OSHA.

What participants will be able to do

- Understand the OSHA 30 Construction exam format, eligibility rules and body of knowledge
- Navigate the referenced codes and standards quickly and accurately
- Solve the calculation and look-up questions that appear most often
- Manage exam time with a tested question strategy
- Leave with a personal study plan for the weeks before the exam

Who should attend

Professionals planning to sit the OSHA 30 Construction exam within the next six months, and supervisors who want their teams certified.

Course outline (5 days)

Day 1: Exam scope and eligibility

Body of knowledge, exam format, eligibility and booking

Day 2: Core references, part 1

Close reading of the referenced codes and standards

Day 3: Core references, part 2

Remaining references, tables, formulas and look-ups

Day 4: Calculations and practice questions

Timed question banks with worked solutions

Day 5: Mock exam and review

Full-length mock exam, scoring and personal study plan

What the 10-day edition adds

Day 6: Applied project, part 1 – Apply the week-one methods to a case from your organisation

Day 7: Data and digital tools – Software, spreadsheets and digital tools used in practice

Day 8: Lessons from incidents and audits – What investigations and audit findings teach

Day 9: Applied project, part 2 – Complete, test and refine your solution

Day 10: Presentations and final assessment – Present to the group and complete the final assessment

Fees (USD per participant)

Duration	Live online	Classroom	In-house
5 days	\$3,000	\$5,500	On quote
10 days	\$5,500	\$9,900	On quote

Fees include course material and certificate of completion; classroom fees include refreshments and lunch. In-house training is priced per group.

Dates and cities 2027–2030

Dates	City	Format	Duration	Fee
21–25 Feb 2027	Dammam	Classroom	5 days	\$5,500
22 Mar – 2 Apr 2027	Bangkok	Classroom	10 days	\$9,900
19–23 Jul 2027	Brussels	Classroom	5 days	\$5,500
29 Aug – 9 Sep 2027	Alexandria	Classroom	10 days	\$9,900
8–12 Nov 2027	Online (live)	Online (live)	5 days	\$3,000
17–21 Jan 2028	Johannesburg	Classroom	5 days	\$5,500
30 Apr – 11 May 2028	Sharm El Sheikh	Classroom	10 days	\$9,900
24–28 Jul 2028	Istanbul	Classroom	5 days	\$5,500
3–14 Sep 2028	Amman	Classroom	10 days	\$9,900
18–22 Sep 2028	Online (live)	Online (live)	5 days	\$3,000
4–8 Jun 2029	Paris	Classroom	5 days	\$5,500
30 Jul – 10 Aug 2029	Zurich	Classroom	10 days	\$9,900
9–13 Sep 2029	Muscat	Classroom	5 days	\$5,500
1–12 Oct 2029	Singapore	Classroom	10 days	\$9,900
8–12 Oct 2029	Online (live)	Online (live)	5 days	\$3,000
7–11 Jan 2030	Lagos	Classroom	5 days	\$5,500
22 Apr – 3 May 2030	Abu Dhabi	Classroom	10 days	\$9,900
3–7 Jun 2030	Prague	Classroom	5 days	\$5,500
19–30 Aug 2030	Madrid	Classroom	10 days	\$9,900
16–20 Sep 2030	Online (live)	Online (live)	5 days	\$3,000

How to register

Register online or scan the code

<https://qimmatrainig.com/courses/osha-30-construction-construction-outreach-exam-preparation>

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