



Working at Height

HSE & Process Safety

QGT-HSE-107 | Foundation | 5 or 10 days | Online, classroom, in-house

Course overview

Working at Height is an introduction that builds a solid working knowledge in Working at Height. It covers the principles, the requirements of OSHA, ISO 45001, CCPS, IEC 61882 and NFPA, and the practical methods used on site, with case studies from operations in the Gulf, Africa and worldwide. Available online, in the classroom in 60 cities, or in-house.

What participants will be able to do

- Explain the principles, terminology and scope of Working at Height
- Apply the relevant requirements of OSHA, ISO 45001, CCPS, IEC 61882 and NFPA
- Use practical tools, checklists and calculations with confidence
- Recognise common problems, risks and root causes and choose the right corrective action
- Prepare an improvement plan for their own site or organisation

Who should attend

Designed for HSE professionals, supervisors, engineers and managers, new joiners and anyone who needs a solid grounding in the subject.

Course outline (5 days)

Day 1: Principles and terminology

Scope, key definitions and how Working at Height fits into daily operations

Day 2: Codes, standards and requirements

What OSHA, ISO 45001, CCPS, IEC 61882 and NFPA require, and how to read them

Day 3: Methods, tools and calculations

Step-by-step methods, checklists and worked examples

Day 4: Operation, inspection and common problems

Typical failures, warning signs and what to do about them

Day 5: Case studies, workshop and assessment

Group exercise on real cases and a final knowledge check

What the 10-day edition adds

Day 6: Applied project, part 1 – Apply the week-one methods to a case from your organisation

Day 7: Data and digital tools – Software, spreadsheets and digital tools used in practice

Day 8: Lessons from incidents and audits – What investigations and audit findings teach

Day 9: Applied project, part 2 – Complete, test and refine your solution

Day 10: Presentations and final assessment – Present to the group and complete the final assessment

Fees (USD per participant)

Duration	Live online	Classroom	In-house
5 days	\$3,000	\$5,500	On quote
10 days	\$5,500	\$9,900	On quote

Fees include course material and certificate of completion; classroom fees include refreshments and lunch. In-house training is priced per group.

Dates and cities 2027–2030

Dates	City	Format	Duration	Fee
25–29 Jan 2027	Barcelona	Classroom	5 days	\$5,500
12–23 Apr 2027	Kigali	Classroom	10 days	\$9,900
28 Jun – 2 Jul 2027	Berlin	Classroom	5 days	\$5,500
30 Aug – 10 Sep 2027	Istanbul	Classroom	10 days	\$9,900
18–22 Oct 2027	Online (live)	Online (live)	5 days	\$3,000
6–10 Feb 2028	Dammam	Classroom	5 days	\$5,500
14–25 Feb 2028	Luanda	Classroom	10 days	\$9,900
31 Jul – 4 Aug 2028	Cape Town	Classroom	5 days	\$5,500
30 Oct – 10 Nov 2028	Amsterdam	Classroom	10 days	\$9,900
20–24 Nov 2028	Online (live)	Online (live)	5 days	\$3,000
8–12 Jan 2029	Madrid	Classroom	5 days	\$5,500
14–25 Jan 2029	Salalah	Classroom	10 days	\$9,900
26–30 Mar 2029	Paris	Classroom	5 days	\$5,500
9–20 Apr 2029	Barcelona	Classroom	10 days	\$9,900
27–31 Aug 2029	Online (live)	Online (live)	5 days	\$3,000
17–21 Mar 2030	Jeddah	Classroom	5 days	\$5,500
24 Mar – 4 Apr 2030	Algiers	Classroom	10 days	\$9,900
22–26 Apr 2030	Madrid	Classroom	5 days	\$5,500
27 Oct – 7 Nov 2030	Salalah	Classroom	10 days	\$9,900
2–6 Dec 2030	Online (live)	Online (live)	5 days	\$3,000

How to register

Register online or scan the code

<https://qimmatrainig.com/courses/working-at-height/>

WhatsApp: +971 50 697 0908

Email: training@qimmatrainig.com

