



Working at Height: Practical Workshop

HSE & Process Safety

QGT-HSE-159 | Practical workshop | 5 or 10 days | Online, classroom, in-house

Course overview

Working at Height: Practical Workshop is a hands-on workshop built around exercises and real site problems in Working at Height. It covers the principles, the requirements of OSHA, ISO 45001, CCPS, IEC 61882 and NFPA, and the practical methods used on site, with case studies from operations in the Gulf, Africa and worldwide. Available online, in the classroom in 60 cities, or in-house.

What participants will be able to do

- Explain the principles, terminology and scope of Working at Height
- Apply the relevant requirements of OSHA, ISO 45001, CCPS, IEC 61882 and NFPA
- Use practical tools, checklists and calculations with confidence
- Recognise common problems, risks and root causes and choose the right corrective action
- Prepare an improvement plan for their own site or organisation

Who should attend

Designed for HSE professionals, supervisors, engineers and managers who want practice rather than theory.

Course outline (5 days)

Day 1: Workshop briefing and baseline

Participants bring a real problem from their own site

Day 2: Guided practice 1

Hands-on exercises using templates, checklists and calculators

Day 3: Guided practice 2

Simulations and role-play based on Working at Height scenarios

Day 4: Field cases from the Gulf and Africa

Analysing what went wrong and what worked

Day 5: Action plan and peer review

Each participant leaves with a reviewed improvement plan

What the 10-day edition adds

Day 6: Applied project, part 1 – Apply the week-one methods to a case from your organisation

Day 7: Data and digital tools – Software, spreadsheets and digital tools used in practice

Day 8: Lessons from incidents and audits – What investigations and audit findings teach

Day 9: Applied project, part 2 – Complete, test and refine your solution

Day 10: Presentations and final assessment – Present to the group and complete the final assessment

Fees (USD per participant)

Duration	Live online	Classroom	In-house
5 days	\$3,000	\$5,500	On quote
10 days	\$5,500	\$9,900	On quote

Fees include course material and certificate of completion; classroom fees include refreshments and lunch. In-house training is priced per group.

Dates and cities 2027–2030

Dates	City	Format	Duration	Fee
15–19 Mar 2027	Munich	Classroom	5 days	\$5,500
26 Apr – 7 May 2027	Stockholm	Classroom	10 days	\$9,900
12–16 Jul 2027	Johannesburg	Classroom	5 days	\$5,500
1–12 Nov 2027	Vienna	Classroom	10 days	\$9,900
15–19 Nov 2027	Online (live)	Online (live)	5 days	\$3,000
20–24 Mar 2028	Frankfurt	Classroom	5 days	\$5,500
17–28 Apr 2028	Abu Dhabi	Classroom	10 days	\$9,900
17–21 Jul 2028	Houston	Classroom	5 days	\$5,500
22 Oct – 2 Nov 2028	Alexandria	Classroom	10 days	\$9,900
4–8 Dec 2028	Online (live)	Online (live)	5 days	\$3,000
26 Feb – 2 Mar 2029	Vienna	Classroom	5 days	\$5,500
12–23 Mar 2029	Istanbul	Classroom	10 days	\$9,900
23–27 Jul 2029	Tbilisi	Classroom	5 days	\$5,500
24 Sep – 5 Oct 2029	Frankfurt	Classroom	10 days	\$9,900
22–26 Oct 2029	Online (live)	Online (live)	5 days	\$3,000
7–11 Jan 2030	Brussels	Classroom	5 days	\$5,500
24 Mar – 4 Apr 2030	Jeddah	Classroom	10 days	\$9,900
29 Apr – 3 May 2030	Paris	Classroom	5 days	\$5,500
6–17 Oct 2030	Muscat	Classroom	10 days	\$9,900
21–25 Oct 2030	Online (live)	Online (live)	5 days	\$3,000

How to register

Register online or scan the code

<https://qimmatrainig.com/courses/working-at-height-practical-workshop/>

WhatsApp: +971 50 697 0908

Email: training@qimmatrainig.com

